

# Village Link

Issue 163



**April-May 2019**

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e-mail us at: [villagelink@zoho.com](mailto:villagelink@zoho.com)

ISSUE 163

April-May 2019

### EDITORIAL

Thank you to everyone who has contributed content for this edition. We are always looking for new contributors, whether regular or one off, so please do send in any articles or photographs you would like included. With apologies to the Parish Council and Councillors, the Parish Council News was, due to an error, omitted from the print edition but has been included here in the online version.

If your event or group has not been mentioned please do get in touch. The Village Link is distributed to every household in Wrestlingworth, Cockayne Hatley & Eyeworth which is the perfect way to ensure that your event or group, whether large or small, gets the publicity it needs.

My contact details are email: [villagelink@zoho.com](mailto:villagelink@zoho.com)

Phone: 01767 631123

*David Fryatt*

COPY DATE ISSUE 164.....13th May 2019

PUBLICATION DATE ISSUE 164.....30th May 2019

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*Sharon Weston 01767 631608*

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## Dates for Your Diary

### April

- 2nd Coffee Morning at St. Peter's 10-30am
- 7th Pub Quiz at The Chequers 8pm
- 14th PWWG Walk from Thorton Heath car park 10am
- 14th Palm Sunday Benefice Pilgrimage from Dunton at 9-30am
- 16th WI Meeting at Wrestlingworth Memorial Hall 7-45pm
- 19th Hot Cross Buns at Eyeworth Village Hall 10-30am-noon
- 21st Music Night at The Chequers from 6-30pm

### May

- 5th PWWG 'Dawn Chorus' from The Chequers 4-15am
- 5th Pub Quiz at The Chequers 8pm
- 9th Fund raising talk at St. Peters at 7-00pm
- 13th Copy Deadline for the June/July edition of the Village Link
- 13th Parish Council Meeting at Wrestlingworth Memorial Hall 7-30pm
- 16th History Society at Wrestlingworth Memorial Hall 7-30pm
- 19th PWWG 'Beating the Bounds' from The Chequers 10am
- 19th Music Night at The Chequers from 6-30pm
- 21st WI AGM at Wrestlingworth Memorial Hall 7-45pm

Please email your diary dates to [villagelink@zoho.com](mailto:villagelink@zoho.com). We want to include all relevant events but do rely on your input; if you don't tell us, we might not know about your event. **Please do check dates and times with organisers, as they may be subject to change particularly over Easter and Bank Holidays.**

### PLEASE NOTE

**The views contained in the articles within this publication do not necessarily represent the views of the publisher or the members of the editorial committee.**

## Parish Council News

As we come to the end of the four year term of office for our current Parish Council, this is an opportunity to look back at what the Council has been doing on everyone's behalf over this period.

The Parish Council's income each year "the precept", which comes from the Council Tax you pay is about £21,000. A very large proportion of this is spent on grass cutting and tree maintenance in the play area, the amenity land next to the Chequers, the churchyards and burial ground at St Peter's and St John's and other small areas in the parish. We are also responsible for a number of street lights in Wrestlingworth and the upkeep of the play area.

Three years of hard work begun in 2015 culminated with the adoption of the Neighbourhood Plan in January 2018. Workshops, a questionnaire and drop-in sessions drew together the residents' vision for the future of our community to 2031. Following a referendum in November 2017 the Neighbourhood Plan is now supplementary planning guidance for CBC. As with many activities undertaken by the Parish Council, this could not have been achieved without the help of residents who willingly gave up their time to assist, a contribution that the Parish Council is very grateful for. A Green Infrastructure Plan for the parish was drawn up at the same time and monitoring of this has been taken on by the Parish Walking & Wildlife Group.

Following the designation of several Community Green Space areas in the Neighbourhood Plan, the Council is in the process of acquiring two parcels of land in Cockayne Hatley from the Co-op. One of these will be enhanced by residents for community use.

Residents also run the Community Speed Watch scheme initiated by the Council in 2015. The group, who now have their own speed detection equipment, are always looking for new volunteers. Please use contact details below if you are able to assist.

Using reserves from earlier years, new play equipment and fencing has been purchased to improve the amenities in the play area in Wrestlingworth. A financial contribution has also been made to the traffic calming scheme first mooted in 2016 and currently underway in the High Street between Potton Road and the cross roads.

The Parish Council has an important role to play in lobbying CBC and other authorities for enhancements and improvements to our community. Sometimes these efforts can take a frustratingly long time but pay off in the end. A reduction in the speed limit at the cross roads in Wrestlingworth and a speed camera have both been achieved this year. We now have superfast broadband to the exchange in Wrestlingworth, but not yet to Cockayne Hatley (we are still working on that). A mobile phone mast has been installed on Tadlow Road. We have also called for a bus service for Cockayne Hatley, without any success yet. We have been working with CBC to achieve affordable housing and allotments on the Rural Exception Site they own on Potton Road. We hope to see a planning application this Spring. We also regularly lobby CBC and Anglian Water to maintain the Brook as much as finances will allow.

The Parish Council is not a planning authority but does get the chance to comment on planning applications received by CBC. We have supported infill development, the new development at Randalls Close, and plans for extensions to existing homes. We also supported residents in objecting to an application and subsequent appeal by the land owner for 30 houses on Co-op land to the east of Brags Lane.

The Parish Council has the power to give small grants to village organisations and over the four year period have assisted both St John's and St Peter's churches and many parish groups and societies.

Parish Councillors are volunteers and, together with many others from the community, work to improve our quality of life. Find out more on the new website <https://wrestlingworthandcockaynehatley-pc.gov.uk>

### **A Volunteering Opportunity**

Following Peter Lenk's move from the village in December we are looking for someone to volunteer a little of their time on the Millennium Garden and the flower bed by the Wrestlingworth sign in the Slade. If you are interested please contact the Parish Clerk on 631383 or [wrestlingworth@aol.com](mailto:wrestlingworth@aol.com)

### **The Parish Council.**



*All Saints' Eyeworth*  
*'The Church in the*  
*Fields'*

Please check the church notice board for details of services or ring the Church Warden Mrs Wendy Robinson on 01767 631283. You can also call the Revd. Carole Johnson on 01767 699934.

**On Good Friday join us at Eyeworth Village Hall for Tea, Coffee and Hot Cross Buns between 10-30am and 12 noon.**

**21st April:** Communion at 9-30am  
**27th April:** Sunday Praise at 3-00pm  
**12th May:** Parish Eucharist at 9-30am  
**26th May:** Sunday Praise at 3-00pm

*Calling all Eyeworth residents, please help us by donating bottles for our annual stall at the Ickwell May Day Fair, helping us to raise funds for your Village Hall.*



Local Independent  
Central  
Bedfordshire  
Councillor Adam  
Zerny's latest email  
newsletter is now

available; it includes the route announcement for the A428 between the Black Cat and Caxton Gibbet, new housing in our area and delays to CBC's Local Plan.

As always, the newsletter will include a round-up of up-and-coming local events. To get it directly, join the mailing list by emailing him at [adamzerny@hotmail.co.uk](mailto:adamzerny@hotmail.co.uk) or visit the website

[www.adamzerny.co.uk](http://www.adamzerny.co.uk) .

For the latest news, follow him on twitter @adamzerny or facebook - cllr adam zerny .

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## St Peter's Church, Wrestlingworth

### Services

- 7 April:** 11:00am Parish Eucharist
- 14 April:** Palm Sunday Pilgrimage \*
- 18 April:** 7.30pm Maundy Thursday Benefice Lord's Supper
- 19 April:** 2.00pm Good Friday Benefice Holy Hour at St Mary Magdalene, Dunton
- 21 April:** 11:00am Easter Day Parish Eucharist
- 28 April:** 11:00am Parish Eucharist
- 5 May:** 11:00am Benefice Eucharist
- 12 May:** 11:00am Sunday Praise
- 19 May:** 9:30am Benefice Eucharist at St Mary Magdalene, Dunton
- 26 May:** 11:00am Parish Eucharist

Please check the notice board or the weekly notices sheet for any changes or additions.

**We invite you to join us at St Peter's this Eastertide.**

\* The Palm Sunday Benefice Pilgrimage will depart from St. Mary Magdalene, Dunton at 9.30am and will proceed via Eyeworth to St. Peter's, Wrestlingworth for Holy Communion at about 10.45pm. Refreshments will be served after the service.

The service on Easter Day will be a Eucharist followed by refreshments. The Easter bunny may have popped into church and hidden some eggs!

## **St Peter's News**

### **Coffee Mornings**

Our popular coffee morning is held on the first Tuesday of the month. The next coffee morning will be on Tuesday 2<sup>nd</sup> April at 10.30 in the church. Everyone is welcome to join us.

Please look out for the posters for the latest venues.

For further details contact Karen.

### **Roof Fund Update**

Our Roof Fund has now reached a magnificent £25,051.46. Thanks once again to everyone who has supported St Peter's. Several grant applications have been submitted and we are confident they will be successful. Have a look at our notice board to see the progress up the ladder.

### **Fundraising**

#### **Easter Hamper**

Tickets £1 each will be available from the beginning of April, after services or contact Karen. The winning ticket will be drawn after the service on Easter Day.

#### **Just Giving**

If you would like to make a donation, this link will take you to our page:- [www.justgiving.com/stpeterwrestlingworth](http://www.justgiving.com/stpeterwrestlingworth)

#### **St Peter's Calendar 2020**

We are proposing to produce a calendar showing Wrestlingworth and surrounding area to raise funds for the church roof.

In BBC Countryfile fashion - we are inviting everyone to submit their favourite photo of the village and area, either by hard copy or sending it digitally on line to [lesleymay@mypostoffice.co.uk](mailto:lesleymay@mypostoffice.co.uk). The digital photo should ideally be portrait and resolution of 300 dpi jpg.

Closing date for entries will be 30th June 2019 and the final 12 photographs will be chosen by a judging panel. Further information from Lesley May.

## **Counter-Terrorism Fund-raising Talk for the Roof Fund**

Thursday May 9th at 7pm at St Peter's Church.



Tickets £5 in advance or £6 on the door if available (to include a glass of wine/soft drink). Anne Lawrence QPM, is a retired police officer who spent thirty-three years in the Metropolitan Police.

She was a Detective Inspector for the last twelve years serving on the Counter Terrorism Command at New Scotland Yard.

She played a significant police operational role in most of the terrorist plots between 2003 and 2015,

including the London Tube and bus bombings. Anne will talk about the operations she was involved in as well as some that were prevented, the effect it has had on her life, and is happy to do a Question and Answer session afterwards.



Tickets available from regular members of the church congregation and from Karen Nurse, 32, High Street, Wrestlingworth, tel. 631487

If you would like to know more about our regular services, or to discuss a wedding, baptism or funeral, or would like a visit, please contact Revd Carole Johnson on 01767 699934

email: [carolejohnston58@btinternet.com](mailto:carolejohnston58@btinternet.com)

You can also contact Karen Nurse (Church Warden) on 01767 631487 or email: [karen.nurse@btinternet.com](mailto:karen.nurse@btinternet.com)

We encourage you to come and worship at your church during 2019. There is always a warm welcome at St Peter's.

## Signs of Dyslexia



Help! I think my child might be dyslexic!  
If you think your son or daughter might be dyslexic, my very first piece of advice is...

“Don’t panic!”

Children pick up on anxiety from their parents and worry more if their parents are getting stressed about problems at school. The British Dyslexia Association ([www.bdadyslexia.org.uk](http://www.bdadyslexia.org.uk)) gives a useful checklist of early signs of dyslexia. If you recognise any of them, don’t wait. It is always better for the child to have help sooner rather than later.

If a child has several of these indications, further investigation should be made. The child may be dyslexic, or there may be other reasons. This is not a checklist.

### Pre-school.

- Has persistent jumbled phrases, e.g. 'cobbler's club' for 'toddler's club'
- Use of substitute words e.g. 'lampshade' for 'lamppost'.
- Inability to remember the label for known objects, e.g. 'table, chair'.
- Difficulty learning nursery rhymes and rhyming words, e.g. 'cat, mat, sat'.
- Later than expected speech development.

### Primary school age.

- Has particular difficulty with reading and spelling.
- Puts letters and figures the wrong way round.
- Has difficulty remembering tables, alphabet, formulae etc.
- Leaves letters out of words or puts them in the wrong order.



### Aged 12 or over.

 As for primary schools, plus:

- Still reads inaccurately.
- Still has difficulties in spelling.
- Needs to have instructions and telephone numbers repeated.
- Gets 'tied up' using long words, e.g. 'preliminary', 'philosophical'.
- Confuses places, times, dates.

You can also find more information at: -[www.assessment-for-dyslexia.co.uk](http://www.assessment-for-dyslexia.co.uk)

*Armande Fryatt*

## Wrestlingworth History Society

### A Sermon in Stone

The story over time of the little church of Caldecote was the subject of Wrestlingworth History Society's recent meeting.



Grazyna Tutak gave a fascinating insight into the fortunes and misfortunes of this beautiful little 1,000 year old church, which is

now redundant but supported by The Friends of Friendless Churches. The story is linked to many of the influential events over time – the Domesday Book, Black Death, Peasants' Revolt and The Reformation to name just a few. It has also seen the gradual demise of the little village of Caldecote to the old manor house and just a couple of remaining cottages.

Following the presentation Grazyna kindly agreed to give an on-site tour of the church and grounds for the July meeting of the Society. This will be on Thursday 18<sup>th</sup> July meeting at 6.30 at the site of Caldecote church – please let us know if you require a lift and arrangements can be made (call Val on 631088).

The next meeting of the Wrestlingworth History Society will be at the Memorial Hall on Thursday 16<sup>th</sup> May - 7.30 for 8pm. The subject will be 'Pictures in the Parlour – History of the Magic Lantern by Kevin Varty.

*Val Cooper*

## Give a Bird a Home with a Nest Box

Pat Humphrey, PWWG member and British Trust for Ornithology member and surveys volunteer, shows how important it is to prepare for the nesting season

Quite a lot of us have a nest box in our garden for the sheer enjoyment of watching a busy pair of Blue Tits or Great Tits flying in and out of their box with a beak full of grubs and insects to feed their ravenously hungry chicks. But did you know that the BTO (British Trust for Ornithology) has now established “**National Nestbox Week**” which runs for one week on 14<sup>th</sup> February every year to encourage even more of us to put up nest boxes in our local area to support conservation efforts. Even though you will be reading this rather late, you can still put up a box, as extra avian accommodation is always welcome. Later in the forthcoming winter, our empty boxes will be just as important in providing cosy sites for birds and other creatures to sleep safely. The tiny Wren is particularly fond of roosting in nest boxes and up to 63 of them have been recorded snuggled together in a single box on a very cold night. Another reason for that extra box in your garden!

The PWWG started putting up nest boxes in open areas around the Parish in March 2010 to provide additional boxes for Tits, as well as Spotted Flycatcher and Little Owl. We have had particular success with the Tit boxes used by both Great Tit and Blue Tit with numerous clutches of up to 12 eggs and subsequent successful fledging. In recent times we have had some setbacks with predation by Squirrels and Woodpeckers so do ensure that the entrance hole to any Tit box is protected by fitting a protective metal surround.



Since then we have put up more boxes, including ones to specifically provide nesting for Barn Owl, Kestrel, Swift and House Martin. Within months of putting up the Barn Owl box, a hen bird laid a clutch of six eggs but unfortunately the eggs, though fertile, did not hatch; assumed to be due to the death of the male partner.

In subsequent years the Barn Owl box was taken over by Stock Doves which have been very productive in producing multiple broods. Not a bad outcome given that Stock Dove is an Amber listed species, considered to be of conservation concern. However, to our delight last year a Barn Owl took over again and successfully reared three chicks. It would be nice to think that all the boxes put up throughout the country over many years have helped in the significant increase in Barn Owl numbers which has consequently led to them being taken off the Amber list and onto the Green list.



If you want to put up a bird box in your garden for the first time, it is easy to get some simple advice from either the BTO ([www.nestboxweek.com](http://www.nestboxweek.com)) or the RSPB about the type of box and importantly where to position it. Good luck and happy watching for all the family. And remember that our collective efforts all help in many ways to bolster attempts to stem the tide of declining bird populations worldwide.

The Parish Walking and Wildlife Group (PWWG) organises monthly walks of between 4 and 8 miles (sometimes longer) in the local area on the third Sunday of the month. All are welcome including dogs, but we may ask for them to be put on a lead.

#### **Forthcoming walks details:**

**Sunday April 14<sup>th</sup>** (moved earlier because of Easter) a 7-mile approx. walk taking in the Pasque flowers of Thornton Heath. Meet in the car park there at 10am and do consider lift-sharing (for this and other walks details contact Robin Barratt on 07768 340599).

**Sunday May 5<sup>th</sup>** ‘Dawn Chorus Walk’. Meet at The Chequers at 4.15am to walk up to Potton Wood, experiencing the Dawn Chorus and the sunrise over Cambridge on the way, before returning to Wrestlingworth in the early morning light for a Bacon Roll breakfast.

**Sunday May 19<sup>th</sup>** ‘Beating the Bounds’ (Parish Boundary) for the start of Rogation Week. In the time-honoured way we will be walking some of our Parish boundary starting at The Chequers at 10am.

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Potton are looking to recruit more on-call firefighters so if you would like to contribute to your community, learn new skills and work as part of a team, as well as earning a little extra, why not think about joining us.

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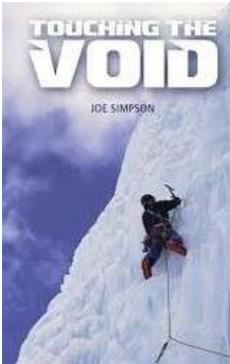
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# BOOK PAGE

## Two books I recommend.

One of the advantages of belonging to a Book Club is being persuaded to read something you would probably not usually consider; the second book I picked up from a Sales Table because I was intrigued by the front cover. Both books are ‘true adventures’ in the real sense of the word and demonstrate the human spirit of survival.

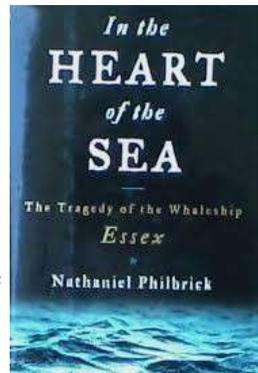


### “Touching the Void” by Joe Simpson

Having climbed all the Alps together, Joe and his mountaineering friend Simon Yates decide on a new challenge, to tackle a previously unclimbed route on a mountain in the Peruvian Andes, the 21,000 ft. ‘Siula Grande’. I have always thought mountaineers were mad but the exciting narrative is un-put-downable. It was difficult. However, the return down the mountain tested them both to their limits when one of them has an accident and the other has an awful decision to make. Who gets down to Base Camp, and how, is really the heart of the story.

### ‘In the heart of the Sea’ by Nathaniel Philbrick

This is the story of the crew of the “Essex”, a 19<sup>th</sup> Century whaling ship on its three year journey at sea from Nantucket Island, New England, around Cape Horn and into the Pacific Ocean to hunt sperm whales. The blubber, spermaceti and oil were all valuable commodities and the risks taken balanced against the profits to be made. An unprecedented attack by an 80 ft. male sperm whale ramming the ship thus sets in motion a terrifying story which was the inspiration for the book “Moby Dick”. How and who survived the incident is gripping and in some parts graphic but it is a good read.



*Carolyn Driver*



## SPRING INTO SUMMER WITH THE WI

Well, here we are, it's April already and we have lots of varied activities to look forward to.

In February Alison King gave us an interesting talk on John Bunyan. Born in 1628 in Elstow into a family of Non-Conformists he was a wild young man who joined the army at sixteen during the Civil War, had two wives and after hearing John Gifford preach out of doors, he started preaching himself. Under Charles II it was illegal to preach, so Bunyan was arrested and imprisoned countless times and while in prison he wrote his famous book "A Pilgrim's Progress". The church in Bedford has stained glass windows of the seven parts of Christian's journey and it was a pity Mrs. King didn't have some slides to show.

Our March Games Evening had everyone socialising in groups and amongst other things making Easter Bonnets. In April we have another speaker: Jane Dismore on "Royals, Rebels and Aristocrats"

At our Annual Meeting, moved this year to May, we will also be having a plant exchange, so those of you green fingered members bring along your spare seedlings. As usual it is a time to elect our Committee. Don't be afraid to stand for election. Getting involved makes all the difference to your WI experience. Put your point of view on how things are run and come up with suggestions of how you'd like us to be in our 101<sup>st</sup> year.

In June our 'Meeting on Wheels' will be an afternoon at Hemingford Grey Manor for a tour around Lucy Boston's house and garden, she who wrote the children's stories about 'Green Knowe', and a plus is the house is full of her patchwork quilts which is of great interest to me. This will be followed by a meal in St. Ives for those who want to participate.

P.S. Our WI's Darts Team has reached the Final! I will let you know in the next issue how they got on.

*Carolyn Driver*

## **Trial and error cooking by Gordon Blue (assisted by Egon Ronnie)**

### **CHICKEN & BROCCOLI BAKE. (Serves 2 or 3 people)**

#### **Ingredients:-**

- 400mls of milk plus a further separate 100mls
- Couple of knifefuls of butter or margarine
- Good sprinkling of basil
- Pinch or two of salt (optional)
- Two heaped teaspoons of cornflour
- 1 medium/large chopped onion
- About ten chicken pieces (approx)
- Generous amount of broccoli
- Handful of conchiglie

#### **Method**

I used a 22cm diameter casserole dish for this recipe. First of all add the chicken pieces, enough to cover the base of the dish. You can buy these frozen from supermarkets and it doesn't matter (to me!) if you put them into the dish frozen. Chicken cooks quickly. Then add the conchiglie and the chopped onion. Finally add the broccoli, cut down in the bite size pieces. Fill up most of the bowl with it. These ingredients don't really need to be seasoned, but if this is important to you then do so!

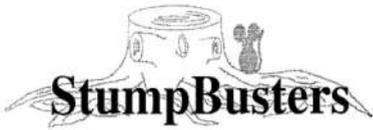
Make the sauce as follows:- Add the butter or margarine and the basil to the 400mls of milk. Heat up in the microwave until bubbling. Whilst it is doing this, in a separate receptacle add the cornflour to the 100mls of milk and stir until the mixture looks thickened up, ensuring that there are no cornflour lumps left. Then add to the boiled milk and stir until the sauce thickens. The sauce needs to be thick, but not too thick.

Then pour the mixture over the contents of the casserole dish and give it a good stir so that the sauce covers all the other ingredients. Then cover with tin foil and cook on about 200 degrees for about 50 minutes, or until cooked, stirring occasionally. The reason that you need to cover it is because the topping will go too brown otherwise. If it transpires that the sauce you have made is too thick then add more milk and give it a good stir. If your sauce is too thin then it will start to boil over. In this situation mix up a bit more cornflour and milk and add to the mix and also give it a good stir.

It will become obvious when it is ready. The chicken will become hard and the broccoli soft. Before serving give it one final stir to include as much of the sauce stuck to the side of the dish as you can!

#### **Egon Ronnie comments:-**

This is both tasty and healthy. What you didn't tell your readers is that you pinched this recipe from a football match you went to and so it might actually have a proper name. The football team you were watching felt sorry for you and so they gave you some of their post match food. You did well to remember what was in it! But watch that chicken, your readers must make certain it is fully cooked.



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<b>Wrestlingworth, Eyeworth &amp; Dunton Churches</b>	Church Warden (St. Peters) – Karen Nurse Church Warden (All Saints) – Wendy Robinson	01767 631487 01767 631283
<b>Church &amp; Poor's Fund</b>	Mrs. Liz Teague	01767 631628
<b>Parish Councillors</b>	Mr Robin Barratt (Chair) Mr. James Kirkpatrick Mr. Andrew Dagless Mr Geoff Whale Mrs. Sandra Williams (Vice Chair) Mr. Nigel Dodgson Clerk to Parish Council - Mrs. Catherine Dear	01767 631418 01767 631767 01767 631880 01767 631358 01767 631269 01767 631643 01767 631383
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<b>Wrestlingworth Lower School</b>	Head Teacher - Mrs. N. Sheehan Friends Co Chair - Abi Chipperfield Friends Co Chair - Kelly Ottolanguì	01767 631249 07949 831993 07834 614613
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<b>Eyeworth Village Hall</b>	Bookings - Mrs. Wendy Robinson	01767 631283
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